

BYRON WRITERS FESTIVAL 2020 SCHOOLS PROGRAM

Teacher Resources

Curated by Southern Cross University

Session Title

The Stories Behind the Songs

Clare Bowditch in conversation with Zacharey Jane



About the author

Clare Bowditch is an ARIA Award-winning singer, actress and founder of Big Hearted Business. *Your Own Kind of Girl* is her debut memoir.

Relevant titles:

- *Your Own Kind of Girl* (2019)

Curriculum guidelines for teacher resources

Learning Area(s): English, Humanities and Social Sciences, The Arts

General Capabilities: Literacy, Personal and Social Capability, Ethical Understanding

Suitable for: Stages 4-6/Years 8-11

Activities and resources

The aim of these resources are to provide a link between the texts and actual application of related issues/topics presented to the classroom. The following activities and resources provide a link between the topics discussed and themes raised in the book – *Your Own Kind of Girl*. Resources provide a foundation for application of related issues/topics such, coming-of-age, grief, compulsion, identity, mental health, feminism, fitting-in, body image, self-acceptance and anxiety presented in classroom and educational contexts.

Do:

- Unpack themes:
 - *Your Own Kind of Girl* extract in Vogue: https://www.vogue.com.au/culture/features/read-an-extract-of-clare-bowditch-inspiring-memoir-on-how-she-found-her-voice/news-story/54b8b902bb604f3671c240539d0e377f?utm_source=SEM&utm_medium=cpc&gclid=CjwKCAjwltH3BRB6EiwAhj0IUgIbWE-
 - *Your Own Kind of Girl* extract in SMH: <https://www.smh.com.au/culture/books/extract-your-own-kind-of-girl-by-clare-bowditch-20191018-p53203.html>
 - SMH article with Clare Bowditch: <https://www.smh.com.au/culture/books/how-clare-bowditch-turned-her-breakdown-into-a-breakthrough-20191029-p5359e.html>
- Classroom discussion questions for *Your Own Kind of Girl*: <https://www.newcastle.nsw.gov.au/getattachment/Library/Explore/The-Library-Lounge/Book-Club-tips,-tricks-ideas/Discussion-Questions-Your-own-kind-of-girl-by-Clare-Bowditch.pdf.aspx?lang=en-AU>
- Visit Clare Bowditch and explore: <https://clarebowditch.com/about-cb>

Read and discuss:

- TED Ideas: How to stand up to your inner critic by Rick Hanson: <https://ideas.ted.com/how-to-stand-up-to-your-inner-critic/>
- Weekend Edition article with Clare Bowditch: <https://theweekenedition.com.au/the-locals/clare-bowditch/>

Listen:

- The Garret *Writers on Writing* podcast with Clare Bowditch: <https://thegarretpodcast.com/clare-bowditch/>
- Clare's songs and lyrics - explore the language and emotions conveyed: <http://www.songlyrics.com/clare-bowditch-lyrics/>
- 5 min reading from *Your Own Kind of Girl* audiobook: https://www.audible.com.au/pd/Your-Own-Kind-of-Girl-Audiobook/B07Z975W8L?source_code=M2MOR1341126180055&ipRedirectOverride=true&source_code=M2MOR131091619005N&ds_rl=1252391&gclid=CjwKCAjwltH3BRB6EiwAhj0IUJW1C13dlqZupWm2Q9JhJJ6eQXCfRszXn6hdfmLzoWU1fTRmYR-8lhoCa6oQAvD_BwE&gclid=aw.ds

Note for teachers: If you encounter problems accessing the links, make sure you are logged into the G Suite app on the DoE portal before opening them. You may have to restart your computer for this action to be effective. At the time of publication the third party links contained in these resources have been checked for suitability, however we advise teachers to review the content independently. These resources are intended to be used as a guide only.