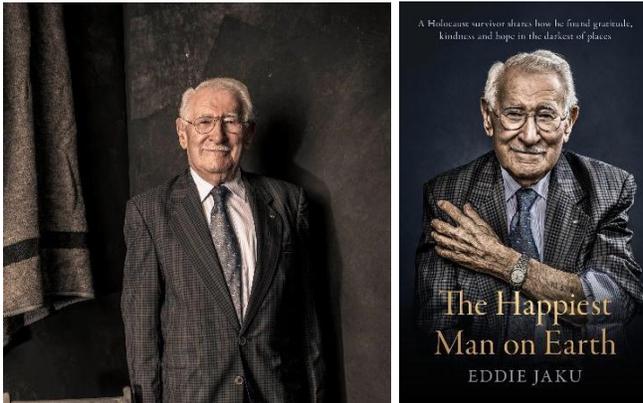


Session Title

The Happiest Man on Earth with Eddie Jaku



About the author

What does it mean to choose happiness every day? **Eddie Jaku** is a 101 year-old Holocaust survivor, yet despite this formative experience his message is one of happiness, friendship and love. Most of all he speaks to the power and importance of remembering.

Relevant titles:

- *The Happiest Man on Earth* (2020)

Curriculum guidelines for teacher resources

Curriculum Links: English, Humanities and Social Sciences, HSIE

General Capabilities: Literacy, Personal and Social Capability, Ethical Understanding

Suitable for: Stages 4-6/ Grades 7-12

Activities and resources

The aim of these resources are to provide a link between the texts and actual application of related issues/topics presented to the classroom. The following activities and resources provide a link between *The Happiest Man on Earth* and application of related issues/topics such as

kindness, hope, resilience, friendship, family, refugees, adversity, love and purpose presented in classroom and educational contexts.

Watch:

- Eddie Jaku's TEDX Sydney talk: <https://www.youtube.com/watch?v=scCvi3vY4jQ>

Do:

- Happiness activities for the classroom:
 - https://greatergood.berkeley.edu/images/uploads/Boniwell_How_to_Teach_Happiness_at_School_lesson_plan.pdf
 - <https://sites.google.com/site/writingabouthappiness/home/useful-web-sites>

Read:

- Reading extract from *The Happiest Man on Earth* (chapter 1): <https://www.panmacmillan.com.au/google-preview/?isbn=9781760982379>
- '3 Lessons I Learnt from Eddie Jaku': blog post: <https://www.panmacmillan.com/blogs/history/eddie-jaku-auschwitz-survivor-true-story>
- '5 Science-Backed Strategies for More Happiness' article (including activities): https://greatergood.berkeley.edu/article/item/five_science_backed_strategies_for_more_happiness
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Note for teachers: If you encounter problems accessing the links, make sure you are logged into the G Suite app on the DoE portal before opening them. You may have to restart your computer for this action to be effective. At the time of publication the third party links contained in these resources have been checked for suitability, however we advise teachers to review the content independently. These resources are intended to be used as a guide only.